



OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC CHURCH OF GREATER WASHINGTON



From Our Vicar

Beloved OLPH Families,

June is dedicated to the Sacred Heart of Jesus. In the Gospel of Matthew, Jesus speaks of his sacred heart: "Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves."

The heart is universally seen as a symbol of life and love, and the love Jesus has given to each of us is unparalleled. How can we imitate that love not only in June but every day throughout the year? The Sacred Heart of Jesus calls us to sacrificial, unconditional, and generous love for others, for every member of the Body of Christ, and to be the heart, hands, and face of Christ to everyone we meet.

Pope Benedict XVI beautifully stated:

"Every one of us, when he or she pauses in silence, needs to feel not only his or her own heartbeat, but deeper still, the beating of a trustworthy presence, perceptible with faith's senses and yet much more real: the presence of Christ, the heart of the world."

Saint John Paul II taught that: "From the Heart of Christ, man's heart learns to know the genuine and unique meaning of his life and of his destiny, to understand the value of an authentically Christian life, to keep himself from certain perversions of the human heart, and to unite the filial love of God with love of neighbour."

God speaks to us through the prophet Ezekiel: "I will give you a new heart, and a new spirit I will put within you. I will remove the heart of stone from your flesh and give you a heart of flesh."

We are called to live an authentic faith that acts in our daily Christian journey and in the lifestyle we choose to embrace.

This month, let us particularly remember the virtues of faith, hope, and love in our interactions with everyone we encounter.

With Love,
Rijoachan

Congratulations

2024 COLLEGE GRADUATES



Reshma Jasmin

University of Maryland,
College Park
B.S. in Neuroscience, B.A.
in English



Teresa Thomas

Virginia Tech
Computer Science
Honors



Meera J Kariyil

Georgetown University
Biology of Global Health,
Double Minor in Theology
and Spanish



Tom J Kariyil

Georgetown Medical
School
Medicine



Merryll Kallungal

University of Maryland,
Baltimore County
B.S in Translational Life
Science Technology
(Applied Biotechnology)

SPECIAL PRAYERS AND BLESSINGS
FOR THE GRADUATES ON

**SUNDAY JUNE 2, 2024, 11:00AM
HOLY MASS IN ENGLISH**

RAFFLE

TICKET PRICE
\$100

★ **OLPH** ★

Annual Fundraiser Raffle 2024

1st Prize **\$3000**

2nd Prize **\$2000**

3rd Prize **\$1000**

4th Prize **\$500**



10 Complimentary prizes \$100

ORGANIZED BY: **DLPH Syro-Malabar Catholic Church of Greater Washington**

DUE DATE: **Sept 8, 2024**

PERMIT NUMBER: 24-2033



FAMILIES OF THE WEEK

Dr. Tony & Devi Kannarkattu

Dr. Baby Joseph & Alice Manikkath

Dr. P.J. Varghese & Praymol

George Thomas & Valsa

James Paul & Alphonsa





STEUBENVILLE CONFERENCE

FOR HIGH SCHOOLERS

JULY 19-21 | Steubenville, OH
Main Campus 4

For more info:

Jomy and Jeslyn Methipara
847-989-8233 or 678-428-8692
(St. Jude, Northern Virginia)

Register:

<https://app.donor.net/work/jesusyouth/c/MDAwMDU4>

Please indicate in the "Add Note" section which parish/mission you are joining from, i.e. St. Alphonsa Baltimore or St. Alphonsa Richmond or St. Jude NOVA or OLPH - Gaithersburg..

DYA PRESENTS....

SUMMIT 2024

June 27th - 30th

Baltimore

"CHRIST OUR HOPE"

REGISTRATION DATES

Early Bird (\$350)	Jan 5-17
Regular (\$400)	Jan 18- Apr 5
Late (\$450)	Apr 6- May 22

- Praise and worship
- Keynotes speakers
- Performances
- Networking
- Adoration
- Qurbana
- Single Mingle
- and MORE!

REGISTER TODAY!



Scan QR code
to register!



<https://syrosummit24.com>

Reflections on the Eucharist

“One of the most admirable effects of Holy Communion is to preserve the soul from sin, and to help those who fall through weakness to rise again. It is much more profitable, then, to approach this divine Sacrament with love, respect, and confidence, than to remain away through an excess of fear and scrupulosity.”

— St. Ignatius of Loyola



DAILY SCHEDULE

Our Lady of Perpetual Help Syro Malabar Catholic Church of Greater Washington

20533 Zion Road, Gaithersburg MD 20882

SATURDAY	June 1, 2024	9:00AM	ADORATION & CONFESSION	1st Reading: 1 Cor 1:18-25 Cross: the power of God
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel : Lk 12:2-8 Witness without fear
		10:15 AM	OLPH NOVENA	
SUNDAY	June 2, 2024	9:00 AM	ADORATION & CONFESSION	1st Reading : Ex 23:20-26 I am sending my messenger
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Jon 4:1-11 Jonah's mission
			CCD CLASS	3rd Reading: Rom 15:14-21 Preach the Gospel
		11:00 AM	HOLY MASS IN ENGLISH	Gospel : Lk 9:1-6 Sending of the Apostles
NO MASS ON MONDAY				
TUESDAY	June 4, 2024	6:00 PM	ADORATION & CONFESSION	1st Reading: Acts 19:11-20 Miracles performed by the Apostle Paul
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 17:14-21 Jesus heals a boy with epilepsy
WEDNESDAY	June 5, 2024	6:00 PM	ADORATION & CONFESSION	1st Reading: Rev 3:14-22 I counsel you to buy salve to anoint your eyes so that you may see
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel : Jn 9:1-11 Go to Siloam and wash
THURSDAY	June 6, 2024	7:00 AM	ADORATION & CONFESSION	1st Reading: Col 2:8-17 In Christ is the fullness of authority
		7:30 AM	HOLY MASS IN MALAYALAM	Gospel : Mk 3:1-12 Jesus heals the man with withered hand
FRIDAY	June 7, 2024	7:00 AM	ADORATION & CONFESSION	1st Reading: Heb 10:19-24 A new way of life through the veil of the body
		7:30 AM	HOLY MASS IN MALAYALAM	Gospel : Jn 19:31-37 The pierced Heart of Jesus
SATURDAY	June 8, 2024	9:00AM	ADORATION & CONFESSION	1st Reading: Gal 2:19-21 Crucified with Christ
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel : Mt 25:31-40 Express your love of God through good deeds
		10:15 AM	OLPH NOVENA	
SUNDAY	June 9, 2024	9:00 AM	ADORATION & CONFESSION	1st Reading : Ex 20:1-17 Ten commandments
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Ezek 3:1-11 Proclamation by the power of the word
				3rd Reading: Rom 10:5-15 How beautiful are the feet of those who proclaim the Gospel!
		NO CCD CLASS AND MASS IN ENGLISH		Gospel : Jn 6:60-69 The words of Eternal life



UPCOMING EVENTS 2024

2
JUNE

SUNDAY CCD FINAL EXAM

16
JUNE

FATHER'S DAY

6
SEP

3 DAY OLPH FEAST BEGINS

8
SEP

OLPH ANNUAL FUNDRAISER DRAWING

HAPPY BIRTHDAY



MARY THERESE MATHIEW
JUNE 4TH

WITH LOVE FROM RIJO ACHAN, CCD
TEACHERS AND FRIENDS

Editorial Board



Rev. Fr. Rijo Cheerakathil

Boby Augustine

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Justin Jose

Jenson Jose

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Riya Roy

Sheena Kanappilly

Melwin Mathew

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- E-mail us (newsletter.olph@gmail.com)
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Gaithersburg, MD 20882